

Novena to Our Lady of Perpetual Help

Say each day for nine days

See at Your feet, O Mother of Perpetual Help, a poor sinner who has recourse to You and confides in You. O Mother of Mercy, have pity on me! I hear You called the refuge and the hope of sinners; be my refuge and my hope.

Help me, for the love of Jesus Christ; stretch forth Your hand to a poor fallen creature who recommends himself/herself to You, and who devotes himself/herself to Your service forever. I bless and thank Almighty God, who in His mercy had given me this confidence in You, which I hold to be a pledge of my eternal salvation. Mary, tender Mother, help me. Mother of Perpetual Help, never allow me to lose my God. Amen.

Say the Our Father, Hail Mary, and Glory Be, three times each.