

Grant me patience  
when life seems too rough,  
When tempers flare  
and anger starts to rise,  
And when I think that  
I have had enough,  
Help me to see things  
through another's eyes  
Grant me tolerance  
for different views,  
For those with whom  
I don't always agree  
Just when I start  
to argue or accuse,  
Help me to know the  
wrong one might be me  
Grant me sympathy  
and understanding  
When others come to me  
in need of caring;  
Instead of disapproving  
and demanding,  
Help me to be  
compassionate and  
sharing