

PRAYER OF THE HELPLESS * Divine *Innocence*

Lord, should I ever be unable to speak, then let the voice of my soul sing Your Praises.
Should I lose my sight, let the eyes of my soul look upon Your Face.
Should I be unable to hear, let the ears of my soul hear the Song of Your Love.
Should I be a victim of insanity, let the mind of my soul take flight to You.
Should I ever be locked in a body unable to make one movement of adoration, one act of love,
then let my soul be joyfully imprisoned for love of You.

Oh my God, when I have no strength, be my Strength.
When all seems hopeless, be my Hope.
When I have no confidence, I offer myself and all poor sinners to the Heart of Our Lady of
Confidence, and beg Her to save my soul and the souls of countless sinners around the world
who have lost all confidence.

I place all my confidence in the Eucharistic Hearts of Jesus and Mary.

*"This prayer of the Helpless is intended not only for the physically disabled, but also for those suffering from
spiritual helplessness.*

It is very effective when said by anyone who is looking after the handicapped"

"LORD JESUS CHRIST, during Your life on earth You went about among Your own people
doing good to all: You cured sickness and disease, and even raised the dead, because people
asked You to do so.

Through baptism I am numbered among your people. I firmly believe that You will hear my
prayer.

Be merciful to those I pray for in their need."