

The FIAT Prayer

MOST HOLY SPIRIT

Help us to relive with Mary, the joyful and glorious mysteries of Jesus. Amen

Grant that we may be

-inspired by the faith of our Baptism,

-nourished by the Eucharist,

- renewed in the grace of Pentecost

So as to live,

-in word and deed,

-always and everywhere,

- as faithful witnesses of Christ and of the love of His Divine Heart. Amen.

St Joseph, Guardian of the Holy Family, Protect us

St Michael the Archangel, from the Powers of Evil, Defend us,

All the Angels and Saints

Pray for us. Amen.

The Meaning of the FIAT Prayer

When we see the picture of the Annunciation, it embodies for us the "FIAT"- the "YES" of Mary to the proposal made to her by the Angel Gabriel on behalf of the Holy Trinity, to become **the Mother of our Saviour**.

The Holy Spirit, sent by the Father and the Son, -"overshadows Mary" for all ages to come. Heaven and earth are from then on joined in alliance "in the Holy Spirit and in Mary".

It is entirely appropriate, therefore, that our prayer starts with an invocation to the Holy Spirit.

He alone, according to Scripture, can reveal to us "our Father in Heaven" and enable us to say the name of "Jesus" with its full meaning.

He alone can reveal to us the plan of God for the salvation of mankind, a plan which remains always closely bound to Mary, who is His chosen instrument to bring Christ to the world.

Humbly we ask the Holy Spirit to unite us with Mary so that with her, like her and in her, we can live again the life of Jesus, in all its joys, its suffering, its glory, so that we may become "one with Him", Christianised once again.