

St John Mary Vianney, the Cure of Ars

'Adore Him in your churches''

St. John Mary Vianney, the Cure of Ars, said to an old man who spent hours and hours in church: "Good man, what do you say to the Lord all this time?"

"Nothing," he replied.

"Look at Him and He looks at me. That's all." Do not be afraid if during Adoration there are moments when you feel bored. When you are under the sun your skin is warmed by it even if you are not thinking about it.

The power of the Eucharist, the height of Jesus' love, through becoming bread, is also the peak of His humbleness and prostration, for not only does He become man, but He also offers Himself to be eaten by us in the form of bread. One day the Pope exorcised a woman whom I know well. She threw herself around a lot without being liberated. When the exorcism was over, the Pope said to her: "Tomorrow morning I will celebrate Mass for you." In that very moment the devil departed from her. It is that humbleness that attracts God's graces. Just look at the humbleness of Jesus in becoming bread for us!" (Fr. Gabriel Amorth)

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